



**Q** What are the benefits of being treated at a multidisciplinary center for pain management?

**A** Due to the multi-faceted nature of muscular skeletal injuries, it's rare for a patient to require care from just one specialist. Usually this means many office visits at dispersed locations. A multidisciplinary center differs in that it expedites treatment in an effective and convenient way by bringing a variety of professionals together under one roof.

At the Denville Medical & Sports Rehabilitation Center we have medical doctors, chiropractors, podiatrists and physical therapists on-hand to ensure you receive the best care. Our patients are co-treated by a team of doctors that collaborate to develop an individualized treatment plan and to chart progress. Each professional brings a unique perspective and experience to the table, which is an invaluable patient resource.

I arrived at this concept by working with high-level athletes. Olympians, for example, almost always have a team of medical professionals to turn to throughout their training. When

I opened this practice, my intention was to bring multi-discipline care to everyone, whether they're sick, an injured athlete, a weekend warrior who "overdid it" on a home project or even someone who was injured in an auto accident.

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